

## **REPORT: SARAWAK RESPIRATORY WORKSHOP AND UPDATE 2026**

**To:** The Executive Committee, Malaysian Thoracic Society (MTS)

**From:** Ling Tiing Yun/Organizing Committee

**Date:** 30/04/2026

**Subject:** Post-Event Report: Sarawak Respiratory Workshop and Update 2026

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### **1. Executive Summary**

The **Sarawak Respiratory Update and Workshop 2026** was successfully held on 25/04/2026 and 26/04/2026 at Kingwood Hotel, Sibu and Respiratory Unit, Sibu Hospital, Sibu. The event aimed to update healthcare professionals on the latest guidelines in asthma/COPD and management/advancements in interstitial lung disease, hemoptysis, pneumothorax, and pulmonary embolism. The workshop on the second day focuses on hands-on experience on pleuroscopy/bronchoscopy, and chest tube insertion/care.

### **2. Workshop Objectives**

- To disseminate updated global guidelines and clinical practice guidelines (CPG) relevant to the Sarawak region.
- To foster collaboration between tertiary and primary care providers in managing respiratory conditions.
- To provide hands-on training for [Specific Procedure, e.g., chest tube insertion, pleuroscopy, bronchoscopy].
- To address regional respiratory health challenges specific to Sarawak.

### **3. Program Highlights**

The scientific program covered the following key modules:

- **Lecture and Discussion:** Topics are delivered by experienced speakers, with comprehensive updates on latest guidelines for respiratory disease.
- **Hands-on Workshops:** Practical sessions on chest tube insertion and proper chest tube care, pleuroscopy, bronchoscopy and spirometry.
- **CPD Accreditation:** 8 points were awarded to participants. CPD claims were facilitated through MMA and AMM CPD systems.

### **4. Attendance**

The update saw a strong turnout with a final attendance of 190 participants, consisting of doctors, medical assistants, nurses, and allied health professionals from across Sarawak. The workshop has a limited slot of 40 participants to allow for hands-on experience and better learning opportunities.

### **5. Evaluation and Feedback**

Participants highly valued the interactive nature of the workshops, the relevance of the guidelines with daily clinical practice.

## 6. Challenges and Mitigations

- **Challenge:** Logistics of equipment transport to SibU.
  - **Resolution:** Partnered with local hospital facilities to secure equipment (e.g. ultrasound, branula, and syringes) and mannequin by industrial sponsor.

## 9. Conclusion

The Sarawak Respiratory Update and Workshop 2026 successfully met its objectives in enhancing clinical knowledge and networking within the local medical community. We appreciate the support of the Malaysian Thoracic Society in making this event possible.

Prepared by,

**Ling Tiing Yun**

On behalf of the Organising Committee

**Sarawak Respiratory Update and Workshop 2026**



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