

EVENT REPORT

BREATHE JOHOR 2026: ADULT RESPIRATORY CONFERENCE

1. Introduction

The Breathe Johor 2026 – Adult Respiratory Conference was successfully conducted from 25 April 2026 to 26 April 2026 at DoubleTree by Hilton Johor Bahru. This one-and-a-half-day conference brought together healthcare professionals to enhance knowledge and clinical practice in respiratory medicine. The programme included both scientific lectures and a hands-on workshop, providing a comprehensive and practical learning experience.

2. Organizer

The conference was organized by Persatuan Respiratori Johor Bahru, with the aim of promoting continuous medical education and improving respiratory care services in the region.

3. Objectives

The objectives of the conference were:

- To update participants on current trends and advancements in adult respiratory diseases
- To improve early detection and management of common and complex respiratory conditions
- To provide practical skills through interactive workshop sessions
- To encourage multidisciplinary collaboration among healthcare providers

4. Participants

The conference was attended by approximately 150 participants, comprising:

- Medical Assistants (MAs)
- Nurses
- Doctors

This diverse participation facilitated effective knowledge exchange across different levels of healthcare practice.

5. Programme Overview

The conference spanned one and a half days and included:

- Scientific lectures delivered by experts in respiratory medicine
- Clinical case discussions and updates
- A practical workshop session focusing on key respiratory skills

6. Topics Covered

The conference addressed a wide range of adult respiratory conditions, including:

- Asthma & COPD
- Tuberculosis (TB)
- Lung cancer
- Other common and complex respiratory diseases

The sessions emphasized both primary care management and advanced clinical approaches.

7. Workshop Session

A key highlight of the conference was the interactive workshop session, which enabled participants to:

- Practice essential clinical techniques
- Enhance diagnostic and patient management skills
- Engage directly with experts for hands-on learning and discussion

8. Outcomes

The conference successfully achieved its objectives by:

- Enhancing participants' knowledge and awareness of respiratory diseases
- Strengthening clinical competencies through practical exposure
- Promoting interdisciplinary collaboration among healthcare professionals

Feedback from participants was positive, particularly regarding the relevance of the topics and the effectiveness of the workshop sessions.

9. Conclusion

Breathe Johor 2026 was a successful and impactful educational event. It contributed significantly to the professional development of healthcare providers and is expected to improve the quality of care and outcomes for patients with respiratory conditions.

Prepared by,

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Chairman

Breathe Johor 2026