

## QEH Pleural workshop 2024

The QEH Pleural Workshop was held on 23rd November 2024 at Queen Elizabeth Hospital (QEH). The event was organized by the Respiratory Department, QEH, and endorsed by the Malaysian Thoracic Society (MTS) and the Malaysian Association of Bronchology and Interventional Pulmonology (MABIP).

A total of 55 participants from various specialties, including Internal medicine, Anaesthesia, and Emergency Medicine, attended. Participants came not only from QEH but also from district hospitals across Sabah, Labuan, and even as far as Kedah.

The morning session featured lectures on key topics in pleural medicine, such as thoracic ultrasound and anatomy, pleural fluid analysis, tips and tricks for chest tube insertion, pleural infection, pneumothorax, , and malignant pleural effusion.

Following a hearty lunch, participants were divided into groups and rotated through hands-on stations, including thoracic ultrasound, chest tube insertion, Seldinger chest drain insertion, ultrasound-guided thoracentesis, chest tube anchoring, and indwelling pleural catheter insertion. The hands-on sessions were a highlight, providing practical skills that participants can apply in their daily clinical practice.

Overall, the workshop was a great success, and we hope to make it a yearly event. We believe that combining theoretical knowledge with practical application enhances understanding of pleural anatomy, disease management, and procedural techniques.

Prepared by,  
Hema Yamini  
Queen Elizabeth Hospital, Kota Kinabalu

