

Kedah Pediatric Asthma Workshop 2026

Date : 15th August 2026
Time : 0730-1700
Venue : Auditorium, Hospital Sultanah Bahiyah, Alor Setar

The Kedah Pediatric Asthma Workshop 2026 was held at Hospital Sultanah Bahiyah, Alor Setar, gathering healthcare professionals from across the northern region of Peninsular Malaysia. The event was a collaborative effort between the Department of Pediatrics at Hospital Sultanah Bahiyah and the Alor Setar Pediatric Association (ASPA), and was sponsored by the Malaysian Thoracic Society (MTS).

This landmark event recorded 126 registered participants, with 111 attending in person. The attendees comprised 17 specialists (pediatricians and family medicine specialists), 55 medical officers, 13 pharmacists, 21 nurses, and 5 assistant medical officers (AMOs) representing public healthcare facilities under the Ministry of Health Malaysia as well as the private sector. While the majority traveled from Kedah, Perlis, and Penang, attendees also joined from Kuala Lumpur and Melaka—underscoring the appeal and relevance of the program to pediatric healthcare. Each participant received a hard copy of the *Management of Childhood Asthma Clinical Practice Guidelines (CPG) 2024*, generously sponsored by the Malaysian Thoracic Society (MTS).

The program commenced with welcoming remarks from the Organizing Chairperson, Dr. Amanil 'Ula Hassan. This was followed by opening addresses and the official officiation by the workshop advisor and Head of the Department of Pediatrics, Dr. Choong Pheik Sian, Senior Consultant Pediatrician and Pediatric Intensivist at Hospital Sultanah Bahiyah.

The workshop was meticulously structured to deliver optimal learning outcomes. The morning segment featured comprehensive lectures covering crucial aspects of pediatric asthma management. In the afternoon, participants rotated through five hands-on skills stations focusing on:

- Inhaler devices and techniques
- Spirometry
- Fractional exhaled nitric oxide (FeNO) testing
- Peak flow measurement and Asthma Action Plans
- Case-based discussions

The invited speakers—distinguished regional experts—engaged the audience through interactive lectures, live polls, educational videos, and thought-provoking case analyses. Attendees actively contributed throughout the interactive Q&A segments and group discussions.

Throughout the day, participants explored exhibition booths hosted by event sponsors, including Perfect Science Solution, Insan Bakti, and Finnmed. An interactive Kahoot quiz added a spirit of friendly competition to the proceedings, with the top prize awarded to a family medicine

specialist from a primary healthcare clinic. Furthermore, we also featured the upcoming 30th Congress of the Asian Pacific Society of Respiriology (APSR), which is scheduled to take place in Penang this November as part of the support to Malaysian Thoracic Society collaborative program.

Participants who submitted the feedback form were issued an electronic certificate of attendance alongside a commemorative gift set featuring stationery, an event lanyard, and a custom-designed lung pin symbolizing the workshop's respiratory focus.

Feedback from attendees highlighted strong appreciation for the informative content, interactive structure, and networking opportunities. The successful execution of the event reflected the dedicated teamwork of the organizing committee, which comprised specialists, medical officers, pharmacists, nurses, and assistant medical officers.

In summary, the Kedah Pediatric Asthma Workshop 2026 was a resounding success, marking a key milestone for Hospital Sultanah Bahiyah and the broader pediatric healthcare community in the region. The program highlighted the important point of the latest Childhood Pediatric Asthma CPG and successfully delivered significant value by advancing clinical knowledge particularly in pediatric asthma, and also fostering professional development, and strengthening collaboration across primary and secondary care.

Prepared by



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