

EVENT REPORT

The 35th Paediatric Asthma Workshop co-organised by Paediatric Department Hospital Pulau Pinang, Paediatric Pediatric Society (PPS) and Malaysian Thoracic Society (MTS) was successfully conducted on 14 – 15TH September 2026 at Dewan Utama, Jabatan Kesihatan Negeri Pulau Pinang. The two-day programme brought together 55 healthcare professionals, including paediatricians, medical officers, pharmacists and nurses with the aim of enhancing knowledge and skills in the management of childhood asthma.

The workshop featured a series of interactive lectures, case-based discussions, and hands-on sessions led by Dr Nicholas Chang Lee Wen and Dr Chua Yi Cheau, who are both paediatric respiratory physicians from Hospital Pulau Pinang. Key topics covered included the latest asthma management guidelines, early diagnosis, inhaler techniques, patient education, and strategies to improve long-term asthma control in children. Participants were also exposed to practical demonstrations on the use of various inhalation devices and peak flow monitoring.

Active participation was evident throughout the workshop, with attendees engaging in discussions and sharing clinical experiences. The sessions emphasized a multidisciplinary approach and highlighted the importance of caregiver involvement in managing paediatric asthma effectively.

Overall, the workshop achieved its objectives of strengthening clinical competencies and promoting standardized asthma care practices. Participants expressed positive feedback, noting that the knowledge gained would greatly benefit their daily clinical practice and contribute to improved health outcomes among paediatric patients with asthma.





Goal of Asthma Management

- The goal is to achieve the best possible long term asthma outcome
- Long term symptoms control, which may include
 - Few/no asthma symptoms, quickly relieved
 - No sleep disturbances
 - Unimpeded physical activity
 - Long term asthma risk minimization, which may include
 - No exacerbations
 - Improved or stable personal best lung function
 - No requirement for oral corticosteroids
 - No medication side effects

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