

Report on the 9th Interstitial Lung Disease (ILD) Update 2025

Date: 3–5 October 2025

Venue: Auditorium, Hospital Sultan Abdul Aziz Shah, Universiti Putra Malaysia (UPM)

Organised by: Pertubuhan Perubatan Pascasiswazah Institut Perubatan Respiratori (PPPIPR)

In collaboration with: Institut Perubatan Respiratori (IPR)

Supported by: Boehringer Ingelheim

The **9th ILD Update 2025** was successfully conducted from **3rd to 5th October 2025** at the **Auditorium, Hospital Sultan Abdul Aziz Shah, Universiti Putra Malaysia (UPM)**. The annual educational program continues to serve as a vital platform to enhance knowledge and multidisciplinary collaboration in the management of interstitial lung diseases (ILDs).

This year, the event recorded a total of **230 registered participants** from across Malaysia, including **nine delegates from Indonesia**, reflecting growing regional interest and engagement.

The scientific program featured **19 speakers**, comprising a strong representation of **local faculty**, complemented by **two international virtual speakers**, **Prof. Kim Hyun Sook**, Rheumatologist from South Korea, and **Dr. Felix Chua** from the United Kingdom.

Lectures covered a wide spectrum of ILD-related topics delivered by experts from various disciplines, including **palliative medicine, cardiology, pathology, respiratory medicine, thoracic radiology, and physiotherapy**. These sessions provided participants with valuable updates and practical insights into current approaches to diagnosis, management, and supportive care in ILD.

A highlight of the course was the **two multidisciplinary team (MDT) discussion sessions**, which reviewed several **challenging and interesting ILD cases**, encouraging interactive learning and collective problem-solving.

Another engaging segment was the **HRCT Quiz**, which tested participants' imaging interpretation skills. The **top five highest scorers** were awarded prizes for their outstanding performance.

The program also included an impactful **patient sharing session**, featuring **one patient with Idiopathic Pulmonary Fibrosis (IPF)** and another with **Progressive Pulmonary Fibrosis (PPF) secondary to autoimmune ILD**. Both patients shared their personal journeys from diagnosis to treatment offering an inspiring perspective on living with fibrotic lung disease and coping with its challenges.

Overall, the **9th ILD Update 2025** was a resounding success, achieving its goal of advancing education, promoting multidisciplinary collaboration, and enhancing patient-centred care in ILD across Malaysia and the region.

Prepared by,

Dr Syazatul Syakirin Sirol Aflah

Group Leader Special Interest Group Interstitial Lung Disease