

Post event report- Spirometry Workshop 2026 HQE, Sabah

The Basic Spirometry Workshop was successfully conducted and received an overwhelming response from healthcare professionals, reflecting the strong demand for structured spirometry training and its importance in respiratory practice. The workshop was organised to strengthen foundational knowledge and practical competency in spirometry among participants from various clinical backgrounds.

The primary objectives of the workshop were to enhance understanding of spirometry principles, standardised test performance in accordance with international guidelines, and basic interpretation of spirometric results. These objectives were largely achieved through a well-structured programme that combined didactic lectures with interactive discussions and supervised hands-on training. Emphasis was placed on correct patient preparation, test acceptability and reproducibility, quality control, and common pitfalls in spirometry performance and interpretation.

Active participation during the practical sessions allowed participants to consolidate theoretical knowledge and apply it in simulated and real-world clinical scenarios. The faculty-to-participant ratio facilitated effective supervision, ensuring that participants were able to gain practical experience and clarify uncertainties during the sessions.

Feedback obtained from participants was overwhelmingly positive. The majority rated the workshop content as highly relevant, comprehensive, and directly applicable to daily clinical practice. Participants particularly valued the practical components and expert guidance provided during the sessions. Many expressed interest in attending advanced or follow-up spirometry courses in the future, highlighting the need for ongoing education and skill reinforcement in this area.

In conclusion, the Basic Spirometry Workshop successfully met its educational objectives and contributed meaningfully to capacity building in spirometry practice. The organising committee would like to express its sincere appreciation to the **Malaysia Thoracic Society** for its invaluable support, which played a crucial role in the successful delivery of this educational programme.