

MALAYSIA MULTIDISCIPLINARY SLEEP CONFERENCE (MMSC) 2025

UMMC's World Sleep Day earned Honorable Mention at the 2023 World Sleep Congress in Brazil and will be recognized again in 2025 in Singapore

23 & 24
APRIL

AM 08:00 - PM 05:00

THE VERTICAL
CONNEXION
CONFERENCE &
EVENT CENTRE

CPD POINT &
E-CERTIFICATE
PROVIDE FOR 2 DAYS COURSE

Bridging Specialties In Sleep

Objective

To provide an overview of sleep medicine practice in national level and exploring innovative approaches in research that bridges the gap between different specialties, leading to improved diagnosis, treatment, and management of sleep-related issues.

Register Now!

Join us at the **Malaysia Multidisciplinary Sleep Conference**, where experts from diverse specialties will share the latest updates in sleep medicine practice. Showcase your research in our **poster competition**, open to undergraduates and postgraduates, and stand a chance to **win exciting prizes, including Best Poster Presentation!**

Supported by



FAKULTI PERUBATAN
Faculty of Medicine



FAKULTI PERGIGIAN
Faculty of Dentistry



SCAN FOR
REGISTRATION

For More Information :
www.mmsleepconference.com

☎ 03 7949 6350 ✉ sales@ummc.edu.my

List of Speaker

MALAYSIA MULTIDISCIPLINARY SLEEP CONFERENCE (MMSC) 2025



**PROFESSOR EMERITUS
DATO' DR. TAN CHONG TIN**

Neurologist,
Neurology Unit, Department of Medicine
Universiti Malaya



**ASSOC. PROFESSOR DR.
MIMI YOW**

Orthodontist,
Department of Orthodontics,
National Dental Centre Singapore,
Singapore



**ASSOC. PROFESSOR DR.
AHMAD IZUANUDDIN
ISMAL**

Respiratory Physician,
Respiratory Unit, Faculty of Medicine,
Universiti Teknologi Mara (UITM)



**PROFESSOR DR. FIRDAUS
HARIRI**

Oral & Maxillofacial Surgeon,
Department of Oral & Maxillofacial
Clinical Sciences,
Faculty of Dentistry, Universiti Malaya



DR. LYNN KOH HUITING

Paediatric Otorhinolaryngologist /
ENT Surgeon,
Department of Otolaryngology,
KK Women's & Children's Hospital,
Singapore



**ASSOC. PROF. DR. KEVIN
NG BOON HAN**

Otorhinolaryngologist / ENT Surgeon,
Department of Otorhinolaryngology,
Faculty of Medicine, Unimas



**PROFESSOR IR. DR.
FATIMAH BINTI IBRAHIM**

Biomedical Engineer,
Department of Biomedical Engineering,
Faculty of Engineering, Universiti Malaya



DR. PHUA CHU QIN

Otorhinolaryngologist / ENT Surgeon,
Department of Otolaryngology,
Sengkang General Hospital,
Singapore



**ASSOC. PROFESSOR DR.
RUSDI BIN ABD RASHID**

Psychiatrist,
Department of Psychological Medicine,
Faculty of Medicine, Universiti Malaya



**PROFESSOR DR. LIM
KHENG SEANG**

Neurologist,
Neurology Unit, Department of Medicine,
Faculty Of Medicine, Universiti Malaya



DR. MAYTHAD UATHAYA

Otorhinolaryngologist / ENT Surgeon,
Department of Otorhinolaryngology,
Faculty of Medicine Siriraj Hospital,
Mahidol University.



DR. BENJAMIN NG HAN SIM

Neurologist,
Neurology Unit,
Department of Medicine,
Hospital Sibul, Sarawak



**DR. JEYASAKHTY
SANIASIAYA**

Paediatric Otorhinolaryngologist /
ENT Surgeon,
Department of Otorhinolaryngology,
Faculty of Medicine, Universiti Malaya



**ASSOC. PROFESSOR DR.
WAN NURAZREENA
WAN HASSAN**

Orthodontist,
Department of Paediatric Dentistry &
Orthodontics,
Faculty of Dentistry, Universiti Malaya

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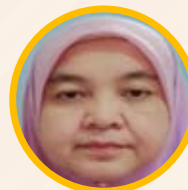
ASSOC. PROFESSOR DR. MOHD NAHAR AZMI MOHAMED
Sports Medicine Physician,
Department of Sports Medicine,
Faculty of Medicine, Universiti Malaya



DR. HAMDI NAJMAN BIN ACHOK
Neurologist,
Neurology Unit,
Department of medicine,
Hospital Sultanah Aminah Johor Bahru



ASSOC. PROFESSOR DR. LIM LEE LING
Endocrinologist,
Diabetes Care Unit,
Universiti Malaya Medical Centre



DR. ROZANAH BINTI ABD RAHMAN
Respiratory Physician,
Department of Respiratory Medicine,
Hospital Sultanah Aminah Johor Bahru,
Johor Bahru



DR. MOHD ZAMRI BIN HUSSIN
Periodontist,
Department of Restorative Dentistry,
Faculty of Dentistry, Universiti Malaya



DR. LAU PENG CHOONG
General & Upper GI Surgeon,
Pantai Hospital Kuala Lumpur



DR. JULIAN WONG JOON IP
Psychiatrist,
Department of Psychological Medicine,
Faculty of Medicine, Universiti Malaya



DR. AZMAN BIN ALI
Otorhinolaryngologist / ENT Surgeon,
Department of Otorhinolaryngology,
Hospital Putrajaya



DR. NURUL AZMI BIN MAHAMAD RAPPEK
Psychiatrist,
Department of Psychological Medicine,
Faculty of Medicine, Universiti Malaya



DR. ROZIANA MOHD RAZI
Orthodontist,
Department of Paediatric Dentistry &
Orthodontics,
Faculty of Dentistry, Universiti Malaya



MS. ELSIE LIAW SZE YING
Clinical Psychologist,
The Mind Faculty, Kuala Lumpur



DR. MOHD YAZED BIN AHMAD
Biomedical Engineer,
Department of Biomedical Engineering,
Faculty of Engineering, Universiti Malaya

Agenda
**MALAYSIA
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Day 1 (Session 1)

TIME	AGENDA	SPEAKER
8:00am - 9:00am	Registration	
9:00am - 9:30am	Opening Ceremony	
9.30am - 9:50am	Keynote presentation 1: The Future of Multidisciplinary Sleep Medicine: Moulding a New Academic Curricular for the Practice of Sleep Medicine in Southeast Asia.	Assoc. Professor Dr. Ahmad Izuanuddin Ismail
9:50am - 10:10am	Keynote Presentation 2: Innovations in Multidisciplinary Practices to Manage Upper Airway Patency.	Assoc. Professor Dr. Mimi Yow
10:10am - 10:30am	Breakfast	

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Day 1 (Physician Track)

TIME	AGENDA	SPEAKER
	MODERATOR : DR. RASHIDAH YASSIN	
10.30am - 11:00am	Phenotyping OSA: Understanding The Spectrum Of Obstructive Sleep Apnea	Assoc. Professor Dr. Ahmad Izuanuddin Ismail
11:00am - 11:30am	Personalized Approaches To Managing Obstructive Sleep Apnea: Tailoring Treatment To Patients' Needs	Dr. Rozanah Binti Abd Rahman
11:30am - 12:00pm	Biomedical Advancements In Sleep Medicine: The Future Of Sleep Diagnosis & Therapy	Professor Ir. Dr. Fatimah Binti Ibrahim
12:00pm - 12:30pm	Smart Solutions For Sleep Disorders: Exploring Wearable Monitoring Technologies	Dr. Mohd Yazed Bin Ahmad
12:30pm - 1:00pm	Panel Discussion	
1:00pm - 2:00pm	Lunch / Symposium	
	MODERATOR : DR. FONG SI LEI	
2:00pm - 2:30pm	Sleep Related Breathing Disorder in Neuromuscular Disease	Dr. Hamdi Najman Bin Achok
2:30pm - 3:00pm	Narcolepsy in the Context of OSA : Exploring Overlapping Sleep Disorders	Professor Dr. Tan Chong Tin
3:00pm - 3:30pm	Epilepsy & Sleep-Related Disorders : Insights Into Diagnosis & Treatment	Dr. Benjamin Ng
3:30pm - 4:00pm	The Role Of The Polysomnogram Beyond Sleep Related Breathing Disorders	Profesor Dr. Lim Kheng Seang
4:00pm - 4:30pm	Panel Discussion	

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Day 1 (Surgical & Dental Track)

TIME	AGENDA	SPEAKER
	MODERATOR : DR. JULIUS GOH LC	
10.30am - 11:00am	The Nose Dilemma In Sleep Apnea - Inflammatory Versus Structural Effects	Dr. Azman Bin Ali
11:00am - 11:30am	Clinical Assessment of OSA - Beyond Mueller's Manoeuvre	Assoc. Professor Dr. Kevin Ng Boon Han
11:30am - 12:00pm	Hypoglossal Nerve Stimulation Implant Therapy - How To Start, Scale & Manage?	Dr. Phua Chu Qin
12:00pm - 12:30pm	Should Surgical Management Of The Tongue Base Take Priority Over The Palate In OSA?	Dr. Maythad Uathaya
12:30pm - 1:00pm	Panel Discussion	
1:00pm - 2:00pm	Lunch / Symposium	
	MODERATOR : DR. KAMIL HASSAN	
2:00pm - 2:30pm	Paediatric Craniosynostosis	Professor Dr. Firdaus Hariri
2:30pm - 3:00pm	Distraction Osteogenesis In Management Of OSA Among Craniosynostosis Patients	Professor Dr. Firdaus Hariri
3:00pm - 3:30pm	Orthodontic Management Of Adult OSA Patients	Dr. Roziana Mohd Razi
3:30pm - 4:00pm	Periodontal Management Of Patients With Oral Appliance	Dr. Mohd Zamri Hussin
4:00pm - 4:30pm	Panel Discussion	

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Day 2 (Parallel Session 1)

TIME	AGENDA	SPEAKER
	MODERATOR : DR. WONG WEI JIN	
9:00am - 9:30am	The Role Of The MDT In Treatment For Obesity.	Dr. Lau Peng Choong
9:30am - 10:00am	GLP-1 Agonists: Miracle Drug Or Fad?	Assoc. Professor Lim Lee Ling
10:00am - 10:30am	Bariatric Surgery In Patients With OSA: When & How?	Dr. Lau Peng Choong
10:30am - 11:00am	Breakfast	
	MODERATOR : DR. WONG WEI JIN & ASSOC. PROFESSOR DR. LAU MAY NAK	
11:00am - 11:30am	The Role Of Sports Medicine In Sleep & Obesity	Assoc. Professor Mohd Nahar Azmi
11:30am - 12:00pm	Orthodontic Management Of Paediatric OSA	Assoc Professor Dr. Wan Nurazreena Wan Hassan
12:00pm - 12:30pm	Role Of Paediatric Dentistry In Diagnosis And Management Of Paediatric OSA	Assoc. Professor Dr. Rohaida Abdul Halim
12:30pm - 1:00pm	Panel Discussion	
1:00pm - 2:00pm	Lunch / Symposium / Prize giving	
2:00pm - 5:00pm	Parallel Workshop 1. CPAP/PSG Workshop 2. Orofacial Myofunctional Therapy Workshop	Sleep Disorder Society Malaysia SingHealth Duke - NUS Sleep Centre : Assoc. Professor Dr. Mimi Yow, Ms. Jade Tan Jin Yu & Mr. Desmond. Assoc. Professor Dr. Lau May Nak & Dr. Oo Kar Peng

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Day 2 (Parallel Session 2)

TIME	AGENDA	SPEAKER
	MODERATOR : ASSOC. PROFESSOR LAU MAY NAK	
9:00am - 9:30am	Assessment Of Paediatric OSA: Current Concept & Challenges	Dr. Jeyasakthy Saniasiaya
9:30am - 10:00am	Obstructive Sleep Apnea Syndrome & Growth Failure Among Children	Dr. Lynn Koh Huiting
10:00am - 10:30am	The Dual Relationship Of COMISA & Its Psychological Impact: Does One Affect The Other?	Dr. Julian Wong Joon Ip
10:30am - 11:00am	Breakfast	
	MODERATOR : DR. FUAD NURHADI BIN AHMAD FAROUK	
11:00am - 11:30am	Cognitive Behavioural Therapy (CBT-I) vs Hypnotics In Insomnia - Boon Or Bane?	Ms. Elsie Liaw
11:30am - 12:00pm	The Role Of Hypnotics In Insomnia & Related Disorders	Dr. Nurul Azmi
12:00pm - 12:30pm	Managing Hypnotics Addiction & Withdrawal In Sleep Disorders	Assoc. Professor Rusdi Bin Rashid
12:30pm - 1:00pm	Panel Discussion	
1:00pm - 2:00pm	Lunch / Symposium / Prize Giving	
2:00pm - 5:00pm	Parallel Workshop 1. CPAP/PSG Workshop 2. Orofacial Myofunctional Therapy Workshop	Sleep Disorder Society Malaysia SingHealth Duke - NUS Sleep Centre : Assoc. Professor Dr. Mimi Yow, Ms. Jade Tan Jin Yu & Mr Desmond. Assoc. Professor Dr. Lau May Nak & Dr. Oo Kar Peng

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Day 1 & 2 (Sleep Medicine Exam Review)

TIME	AGENDA	SPEAKER
8:00am - 9:00am	Which Sleep Exam Should I Prepare For - RPSGT, CCSH or WSS Sleep Medicine Exam?	Dr. Tripat Deep Sigh
9:00am - 10:00am	Neurophysiology of Sleep and Wakefulness	Dr. Tripat Deep Sigh
10:00am - 10:20am	Tea Break	
10:20am - 11:20am	Insomnia - Diagnosis & Management	Dr. Tripat Deep Sigh
11:20am - 12:20pm	Parasomnias	Dr. Tripat Deep Sigh
12:20pm - 1:00pm	Restless Leg Syndrome (RLS) and PLMD	Dr. Tripat Deep Sigh
1:00pm - 2:00pm	Lunch	
2:00pm - 3:00pm	OSA Diagnosis and Management overview	Dr. Tripat Deep Sigh
3:00pm - 4:00pm	OSA management with PAP therapy	Dr. Tripat Deep Sigh
4:00pm - 4:40pm	OSA management with alternate therapies	Dr. Tripat Deep Sigh
4:40pm - 5:00pm	Tea Break	
5:00pm - 5:40pm	CSA diagnosis and its management	Dr. Tripat Deep Sigh
5:40pm - 6:20pm	Obesity Hypoventilation Syndrome & overlap syndrome	Dr. Tripat Deep Sigh
6:20pm - 7:00pm	Hypersomnolence disorders of central origin	Dr. Tripat Deep Sigh
7:00pm - 7:30pm	EZect of drugs on Sleep	Dr. Tripat Deep Sigh

Congress Information

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FULL 2 DAY CONFERENCE

Normal Price	RM 550.00
International Price	USD 200.00

**DAY 1 + DAY 2 CONFERENCE PARTICIPATION &
PSG + CPAP WORKSHOP**

Day 1 + Day 2 Conference PSG/CPAP WORKSHOP FOR EARLY 10 PARTICIPANT ONLY !	RM 550.00
Day 1 + Day 2 Conference + PSG/CPAP Workshop	RM 650.00
Day 1 + Day 2 Conference + PSG/CPAP Workshop (International Price)	USD 250.00

Congress Information

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DAY 1 + DAY 2 CONFERENCE PARTICIPATION & OROMYOFUNCTIONAL (OMFT) THERAPY WORKSHOP

Day 1 + Day 2 Conference OMFT WORKSHOP FOR EARLY 10 PARTICIPANT ONLY !	RM 550.00
Day 1 + Day 2 Conference + OMFT Workshop	RM 650.00
Day 1 + Day 2 Conference + PSG/CPAP Workshop (International Price)	USD 250.00

**DAY 1 CONFERENCE PARTICIPATION & SLEEP
MEDICINE EXAM REVIEW WORKSHOP (30 SLOT ONLY)**

Day 1 Conference + Sleep Medicine Exam Review	RM 800.00
Day 1 Conference + Sleep Medicine Exam Review (International Price)	USD 300.00

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