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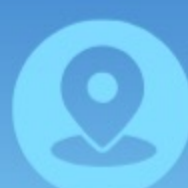
Practical CPAP Skills Workshop

Initiation & Troubleshooting
in Obstructive Sleep Apnoea (OSA)

One-To-One CPAP Machine Access for practical learning



October 3, 2026



Bilik Persidangan 1, Hospital Al-Sultan
Abdullah (HASA), UiTM Puncak Alam

Who is it for?

Respiratory physicians, sleep
physicians, trainees, ENT,
dental, neurology doctors who
are involved in CPAP



Conduct effective OSA assessment and
report interpretation.



Master personalized mask selection and
fitting techniques.



Implement efficient device setup and patient
care routines.



Develop a systematic approach to troubleshooting
therapy issues.



Explore alternative solutions for CPAP intolerance.

Scan to register



Registration Fee:

Doctors: RM 250

Allied Health: RM 200

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Practical CPAP Skills Workshop

Initiation & Troubleshooting in Obstructive Sleep Apnoea (OSA)

TIME	SESSION TOPIC	SPEAKERS
08:30	Assessing the Probability of OSA and Why Treatment Matters	A/P Dr Aisya Natasya Musa
08:50	Choosing the Right Sleep Study: PSG, HSAT and When to Escalate	Am Basheeri Bin Alias
09:10	Interpreting Sleep Study Reports: What Matters for CPAP Management	Dr Wong Yen Shen
09:30	Breakfast Break	
10:00	Hands-on Mask Selection and Fitting	Miss Nur Izzanie Kamaruddin
10:30	CPAP Device Setup, Cleaning and Care Orchestrator	Mr Satyakam Sharma
11:00	Hands-on CPAP Initiation and Basic Pressure Setting	Dr. Wong Yen Shen
11:30	CPAP Report Interpretation	Miss As Tar Thant
12:00	CPAP Troubleshooting I: "The Air Feels Too Strong or Too Weak"	Dr wong Yen Shen
12:30	CPAP Troubleshooting II: Managing CPAP Interface Problems — Leak, Rainout and Pressure Sores	Miss Nur Izzanie Kamaruddin
13:00	Lunch Break	
14:00	CPAP Troubleshooting III: "I Wake Up with Blocked Nose and Dry Mouth" Do I need a nose / throat surgery?	Prof. Madya Dr. Mawaddah Azman
14:30	CPAP Troubleshooting V: "The AHI Is Still High"	Dr Toh Weiquan Timothy
15:00	CPAP Troubleshooting VI: "I Use CPAP but I'm Still Sleepy"	Dr wong Yen Shen
15:30	CPAP Intolerance: Mandibular Advancement Device	Dr. Vinesh Raj Savumthararaj
16:00	CPAP Intolerance: Myofunctional Therapy	Miss Nur Izzanie Kamaruddin
16:30	Closing Remarks	

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