



MALAYSIAN THORACIC SOCIETY

MALAYSIAN THORACIC SOCIETY ANNUAL CONGRESS 2014

12th - 15th June 2014

*Holiday Inn
Melaka, Malaysia*

www.mts.org.my

MALAYSIAN THORACIC SOCIETY

OFFICE BEARERS 2013 – 2015

PRESIDENT	Prof Dr Roslina Abdul Manap
VICE-PRESIDENT	Assoc Prof Dr Pang Yong Kek
HON SECRETARY	Dr Hooi Lai Ngoh
HON TREASURER	Assoc Prof Dr Jessie de Bruyne
HON ASSISTANT SECRETARY	Dr Asiah Kassim
HON ASSISTANT TREASURER	Dr Lalitha Pereirasamy
COMMITTEE MEMBERS	Prof Dr Liam Chong Kin
	Assoc Prof Dr Fauzi Md Anshar
	Assoc Prof Dr Tengku Saifudin Tengku Ismail
	Dr Kauthaman Mahendran
CO-OPTED COMMITTEE MEMBER	Dr Wong Jyi Lin

MTS ANNUAL CONGRESS 2014

ORGANISING COMMITTEE

ADVISOR	Prof Dr Liam Chong Kin
ORGANISING CHAIRMAN	Dr Kauthaman Mahendran
SCIENTIFIC COMMITTEE	Prof Dr Roslina Abdul Manap (<i>Chairman – Adult Programme</i>)
	Dr Asiah Kassim (<i>Chairman – Paediatric Programme</i>)
	Dr Lalitha Pereirasamy
	Dr Wong Jyi Lin
	Assoc Prof Dr Tengku Saifudin Tengku Ismail
	Assoc Prof Dr Fauzi Md Anshar
SECRETARY / BUSINESS MANAGER	Dr Hooi Lai Ngoh
TREASURER	Assoc Prof Dr Jessie De Bruyne
PUBLICATIONS AND PUBLICITY	Assoc Prof Dr Pang Yong Kek
SOCIAL EVENTS	Dr Ashok Philip
AUDIO-VISUAL FACILITIES	Dr Ng Kai Lip
	Dr Adelyn Nisha a/p Nevinhenry
	Dr Koh Kee Leong
CONGRESS SECRETARIAT	Ms Kong and Team
LOCAL ORGANISING TEAM	Dr Kauthaman Mahendran
	Dr Ashok Philip
	Dr Jalil Bin Ishak
	Dr Punit Bedi
	Dr Koh Kee Leong
	Dr Ruhaiza Bt Mohamad
	Dr Ng Kai Lip
	Dr Adelyn Nisha a/p Nevinhenry
	Pn Suhadah Bt Ahad

WELCOME MESSAGE



Make every breath count.

Breathing is arguably the most recognised action we perform every day to keep ourselves alive. The heart pumps but we don't feel it. Our kidneys and liver clean our blood, our gut absorbs nutrients and our brain sends and receives signals. But it's still our breathing that we readily identify with every moment.

How much care do we give this wonderful organ called our "lungs"? It appears we may be more concerned with our blood pressure, blood sugar and blood cholesterol. How many of us know our Forced Vital Capacity or our Forced Expiratory Volume in the first second or our Peak Flow rates?

Maybe it's time to pay a little more attention. I invite you all to revisit the health and ailments of our lungs at the MTS Annual Congress 2014. It will be held in the UNESCO Heritage City of Melaka.

We promise something for everyone; workshops on basic lung X-rays and CT-scans, smoking cessation, use of inhalers, thoracic ultrasound, a city tour for our family members and a Gala Dinner where we want you to don the most "heritage baju" you have. Not to forget the two and a half days of scientific updates on asthma, COPD, TB, pneumonia, sleep medicine and more.

So, sign up the registration forms, reserve your Melaka friend's guestroom and search for that heritage baju. See you all in historic Melaka on 12th June 2014!

Dr Kauthaman Mahendran
Organising Chairman

PROGRAMME SUMMARY (CONT'D)

Date Time	14 th June 2014 Saturday	15 th June 2014 Sunday
0700 – 0800	Meet-The-Expert Session (MTES 1)	Meet-The-Expert Session (MTES 2)
0800 – 0900	Plenary 2 (P2)	Plenary 3 (P3)
0900 – 1000	Symposium 4 (S4)	Symposium 6 (S6)
1000 – 1100	Tea	Tea
1100 – 1200	Symposium 5 (S5)	Sponsored Symposium 7 (SS7) <i>Pfizer</i>
		Debate
1200 – 1300	Sponsored Symposium 4 (SS4) <i>GlaxoSmithKline Pharmaceutical</i>	CLOSING CEREMONY
1300 – 1400	Lunch	Lunch
1400 – 1500	Concurrent Grand Rounds	
1500 – 1600	Concurrent Oral and Poster Presentations	
1600 – 1700	Concurrent Sponsored Symposium 5 (SS5) <i>Boehringer Ingelheim & Cipla Malaysia</i>	
	Tea	
1700 – 1800		
1800 – 1900	Meeting of Trainers and Trainees	
1900 – 2200	Sponsored Symposium 6 (SS6) <i>Merck Sharp & Dohme (Malaysia)</i>	
	MTS Gala Dinner	

OPTIONAL TOUR 12TH JUNE 2014 | THURSDAY

Melaka Tour

Date : 12th June 2014 **Time :** *Either* [0900 – 1200] *or* [1400 – 1700]

Tour of Melaka covering a trishaw-ride, boat-ride and air-ride!

WHO CAN ATTEND? All registered delegates and accompanying persons

HOW MUCH TO PAY?

RM 30 per person for congress delegates; RM 60 per person for accompanying persons

Please register early as places are limited

CONGRESS WORKSHOPS 12TH JUNE 2014 | THURSDAY

1. Please register for the workshops as you fill in the registration form
2. Places are limited to a first-registered, first-accepted basis
3. Each delegate can register for only one workshop
4. Workshops 2, 3, 4 and 5 are free to all registered participants and to be held in Holiday Inn, Melaka from 1400 – 1700 hrs on 12th June 2014
5. Workshop 1 is a full-day event on 12th June 2014 and to be held at the Melaka Manipal Medical College.

Workshop 1

Emergency Thoracic & Lung Ultra Sonography (E-TLUS)

Date : 12th June 2014 **Time :** 0800 hrs to 1700 hrs

Venue : Sports Complex Auditorium, Melaka Manipal Medical College (MMMC),
Bukit Baru, Melaka

WORKSHOP COORDINATOR Dr Punit Bedi, *Assistant Professor Internal Medicine, MMMC*

WHO SHOULD ATTEND?

Doctors who work in a hospital setting (ward/HDW/ICU/emergency) with access to an ultrasound machine.

WHAT WILL YOU LEARN?

- Know your machine and knobology
- The BLUE Protocol
- The RUSH protocol
- Four hours hands-on
- Pneumothorax, Haemothorax, Pleural Effusion, Diaphragm impairment Lung Contusion, Pulmonary Oedema, Pneumonia
- The Pump, Tank & the Pipes

HOW MUCH TO PAY?

For congress registrants: RM 100; If not registered for congress: RM 200

CONGRESS WORKSHOPS

12TH JUNE 2014 | THURSDAY (CONT'D)

Workshop 2

Respiratory Imaging (and a glimpse into interventional radiology)

Date : 12th June 2014 **Time :** 1400 to 1700 hrs **Venue :** Holiday Inn, Melaka

WORKSHOP COORDINATOR

Dr Adelyn Nisha, Department of Medicine, Melaka Hospital.

WHO SHOULD ATTEND?

Doctors who need to review Chest X-rays and/or CT Thorax of their patients.

WHAT WILL YOU GAIN?

- Develop confidence in recognising normal and common abnormalities on a Chest Radiograph and CT Thorax.
- Understand the indications and contraindications of interventional radiology in respiratory medicine.

HOW MUCH TO PAY?

Free for congress registrants

RM 50 for day registrants

Workshop 3

Inhalers: How to Choose, How to Use?

Date : 12th June 2014 **Time :** 1400 to 1700 hrs **Venue :** Holiday Inn, Melaka

WORKSHOP COORDINATOR

Dr Jalil Ishak, Family Medicine Specialist, Poliklinik Perringgit

WHO SHOULD ATTEND?

Doctors, Pharmacists, Nurses and all Allied Health workers dealing with asthma and COPD.

WHAT WILL YOU GAIN?

- Develop an understanding of the mechanics of inhalers
- Recognise the benefits of devices in different patient populations
- Familiarise with the various inhaler techniques
- Develop confidence in teaching patients on how to use the devices

HOW MUCH TO PAY?

Free for congress registrants

RM 50 for day registrants

CONGRESS WORKSHOPS

12TH JUNE 2014 | THURSDAY (CONT'D)

Workshop 4 **Smoking Cessation**

Date : 12th June 2014 **Time :** 1400 to 1700 hrs **Venue :** Holiday Inn, Melaka

WORKSHOP COORDINATOR

Dr Ruhaiza Mohamad, Physician, Department of Medicine, Melaka Hospital

WHO SHOULD ATTEND?

Doctors, Pharmacists, Nurses and all Allied Health workers dealing with smokers.

WHAT WILL YOU GAIN?

- Appreciation that smoking cessation is an integral part of medical care
- Learn how to help patients stop-smoking effectively
- Tips to set up your own stop-smoking clinic

HOW MUCH TO PAY?

Free for congress registrants
RM 50 for day registrants

Workshop 5 **Pulmonary Rehabilitation**

Date : 12th June 2014 **Time :** 1400 to 1700 hrs **Venue :** Holiday Inn, Melaka

WORKSHOP COORDINATOR

Dr Ng Khai Lip, Department of Medicine, Melaka Hospital

WHO SHOULD ATTEND?

Doctors, Physiotherapists, Nurses, Counsellors and Pharmacists dealing with patients with chronic respiratory ailments.

WHAT WILL YOU GAIN?

- An insight into the concept and value of pulmonary rehabilitation
- Tips on how to exercise and clear secretions
- Confidence to introduce pulmonary rehabilitation to your patients

HOW MUCH TO PAY?

Free for congress registrants
RM 50 for day registrants

DAILY PROGRAMME 12TH JUNE 2014 | THURSDAY

- 1800 – 2100 **Concurrent Sponsored Dinner Symposia**
 – *AFT Orphan Ltd*
 – *EP Plus Group Sdn Bhd*

DAILY PROGRAMME 13TH JUNE 2014 | FRIDAY

0700 – 0800 Registration

- 0800 – 0810 Welcome Address by:
- *Prof Dr Roslina Abdul Manap, President, Malaysian Thoracic Society*
 - *Dr Kauthaman Mahendran, Organising Chairman, MTS Annual Congress 2014*

0810 – 0850 **PLENARY 1 (P1)**
 Severe asthma – From phenotyping to endotyping

0850 – 1020 **SYMPOSIUM 1 (S1)**

S1A | Chronic Obstructive Pulmonary Disease

- Managing the difficult chronic obstructive pulmonary disease patients
- Beyond airways and inhalers – Chronic obstructive pulmonary disease and systemic complications
- NIV in acute exacerbation of chronic obstructive pulmonary disease

S1B | Infection

- Pleural space infections
- Using biomarkers in managing pneumonia and sepsis
- Pulmonary aspergillosis

S1C (Paediatric) | Year in Review

- Management of acute respiratory distress syndrome
- Ventilation and IRDS in premature infant
- Bronchial asthma

1020 – 1050 Tea

DAILY PROGRAMME

13TH JUNE 2014 | FRIDAY (CONT'D)

1050 – 1150	<p>SYMPOSIUM 2 (S2)</p> <p><i>S2A Pulmonary Hypertension</i></p> <ul style="list-style-type: none"> • Diagnostic approach to pulmonary hypertension • Treatment options 		<p><i>S2B Tissue Sampling and Pathology</i></p> <ul style="list-style-type: none"> • Optimising diagnostic yield in respiratory endoscopic procedures • Optimising diagnostic yield in respiratory pathological specimens 		<p><i>S2C (Paediatric) Respiratory Complications in Cardiac Diseases</i></p> <ul style="list-style-type: none"> • Cardiac failure or “hyperactive airway disease” • Optimising respiratory status prior to cardiac surgery
1150 – 1230	<p>Sponsored Symposium 1 (SS1) – AstraZeneca</p>				
1230 – 1415	<p>Lunch and Friday Prayers</p>				
1415 – 1545	<p>SYMPOSIUM 3 (S3)</p> <p><i>S3A Interstitial Lung Disease</i></p> <ul style="list-style-type: none"> • Approach to interstitial lung disease • Idiopathic pulmonary fibrosis – What is effective? • Lung transplantation – Can we do better in Malaysia? 		<p><i>S3B Interventional Pulmonology</i></p> <ul style="list-style-type: none"> • COPD – Moving beyond drugs • Lung cancer – What can chest physicians offer other than chemotherapy and surgery? • Role of VATS in thoracic diseases 		<p><i>S3C (Paediatric) Respiratory Therapy in Children</i></p> <ul style="list-style-type: none"> • Facts and myths of aerosol therapy • ICS and LABA: Between indication and safety • Oxygen therapy: Between good and bad
1545 – 1625	<p>Sponsored Symposium 2 (SS2) – Novartis</p>				
1625 – 1815	<p>Tea & ANNUAL GENERAL MEETING</p>				
1845 – 1925	<p>Sponsored Symposium 3 (SS3) – Bayer</p>				
1925 – 2200	<p>Dinner</p>				

DAILY PROGRAMME

14TH JUNE 2014 | SATURDAY

0700 – 0800 **MEET-THE-EXPERT SESSION (MTES1)**
Asthma and air pollution

0800 – 0840 **PLENARY 2 (P2)**
Non-smoking COPD

0840 – 1010 **SYMPOSIUM 4 (S4)**

S4A | Lung Cancer

- Role of PET-CT scanning in managing lung cancer
- What to do with solitary pulmonary nodules?
- Palliating common symptoms in advanced lung cancer

S4B | Non-Invasive Ventilation

- Home NIV for restrictive lung disorders and neuromuscular disease
- Sending the patient home on NIV
- The dark side of the moon: When, why and where I should not use NIV?

S4C (Paediatric) | Respiratory Disease in Other Conditions

- Respiratory complications in Down's syndrome
- Prader Willi syndrome: The respiratory disease evolves from infant to a child
- Cerebral palsy and pneumonia

1010 – 1040 Tea

DAILY PROGRAMME

14TH JUNE 2014 | SATURDAY (CONT'D)

1040 – 1210	SYMPOSIUM 5 (S5)		
	S5A Sleep Disordered Breathing <ul style="list-style-type: none"> • Assessing sleep disordered breathing – From questionnaires to portable studies • Cardiovascular complications in sleep disordered breathing • OSA and pregnancy – Reducing foeto-maternal complications 	S5B Asthma <ul style="list-style-type: none"> • Persistent airflow obstruction • Occupational asthma • Overlap syndromes in asthma (obesity, GERD, COPD) 	S5C (Paediatric) Aspiration Pneumonia <ul style="list-style-type: none"> • Risks and complications of aspiration pneumonia • Assessment and investigations • Practical management
1210 – 1250	Sponsored Symposium 4 (SS4) – GlaxoSmithKline Pharmaceutical		
1250 – 1400	Lunch		
1400 – 1500	CONCURRENT GRAND ROUNDS		
	1. Adult Grand Rounds	2. Paediatric Ground Rounds	3. Radiology Grand Rounds
1500 – 1600	CONCURRENT ORAL AND POSTER PRESENTATIONS		
1600 – 1640	Concurrent Sponsored Symposium 5 (SS5) – <i>Boehringer-Ingelheim</i> – <i>Cipla Malaysia</i>		
1640 – 1710	Tea		
1710 – 1900	Meeting of Trainers and Trainees		
1900 – 1940	Sponsored Symposium 6 (SS6) – Merck Sharp & Dohme (Malaysia)		
2000 – 2200	MTS GALA DINNER <i>Theme: Historical Melaka</i>		



DAILY PROGRAMME
15TH JUNE 2014 | SUNDAY

- 0700 – 0800 **MEET-THE-EXPERT SESSION (MTES2)**
MDR tuberculosis
- 0800 – 0840 **PLENARY 3 (P3)**
Ventilation: The first few millenia and beyond
- 0840 – 1010 **SYMPOSIUM 6 (S6)**
S6A | Tuberculosis
- Speeding up detection and treatment
 - New drug development
 - TB screening and surveillance in HCW
- 1010 – 1040 Tea
- 1040 – 1120 **Sponsored Symposium 7 (SS7) – Pfizer**
- 1120 – 1220 **DEBATE**
- Intermittent inhaled corticosteroid has a role in management of asthma patients
- 1220 – 1230 Closing Ceremony
- 1230 – 1330 Lunch

CONGRESS INFORMATION

SECRETARIAT

MTS Annual Congress 2014

G-1 Medical Academies of Malaysia, 210 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia

TEL (603) 4025 3700, 4025 4700, 4023 4700 FAX (603) 4023 8100

EMAIL secretariat@mts.org.my

WEBSITE www.mts.org.my

REGISTRATION FEES

Category	On or Before 15 th April 2014	From 16 th April 2014 to 8 th June 2014	On-Site
MTS Member (Ordinary/Affiliate) /Medical Student	RM 500	RM 600	RM 800
Others	RM 600	RM 700	RM 900
Single-Day Registration (Medical Student and Allied Health Professional)	RM 200		RM 300
Accompanying Person (Gala Dinner only)	RM 80		

Congress Workshops (12 th June 2014, Thursday)	Congress Registrant	Non-Registrant
1. Emergency Thoracic & Lung Ultra Sonography (E-TLUS)	RM 100	RM 200
2. Respiratory Imaging	–	RM 50
3. Inhalers: How To Choose, How To Use?	–	RM 50
4. Smoking Cessation	–	RM 50
5. Pulmonary Rehabilitation	–	RM 50

For online registration and payments, please log-on to www.mts.org.my

PAYMENT

All payments by cheques should be issued in favour of

“MALAYSIAN THORACIC SOCIETY”

Payments can be made via telegraphic transfer to the following account :

ACCOUNT NAME : Malaysian Thoracic Society
ACCOUNT NUMBER : 873-1-0420229-5
NAME OF BANK : Standard Chartered Bank Berhad
ADDRESS OF BANK : Jalan Ipoh Branch, Kuala Lumpur
SWIFT CODE : SCBLMYKXXXX

If remittance is via telegraphic transfer, please attach proof of remittance with the completed Registration Form.

CONGRESS VENUE

*Holiday Inn Melaka

Jalan Syed Abdul Aziz, 75000 Melaka, Malaysia

TEL (606) 285 9000 FAX (606) 285 9110 EMAIL www.holidayinn.com/melaka

ROOM TYPE	ROOM RATES
Holiday Inn Deluxe Room	Single RM 300.00 ++ (RM 350.00 nett)
	Twin/Double RM 320.00 ++ (RM 373.20 nett)

The above rates quoted are inclusive of 10% Service Charge, 6% Government Tax & RM 2.00 nett Heritage Charge

CONGRESS INFORMATION (CONT'D)

SUPPORTING HOTELS

***Mahkota Hotel Melaka (105833M)**

No. 16, Jalan Syed Abdul Aziz, 75000 Melaka, Malaysia

TEL (606) 2812828 (ext.5541) FAX (DL) (606) 2843996 HP (6012) 6823390

EMAIL cindylin@mahkotahotel.com.my WEBSITE mahkotahotel.com.my

ROOM TYPES (SINGLE/TWIN)	ROOM RATES
Bedroom Deluxe	RM 232 nett
Deluxe Room	RM 252 nett
Premier Room	RM 302 nett
Junior Suite	RM 362 nett

***Hatten Hotel Melaka (953091-V)**

Hatten Square, Jalan Merdeka, Bandar Hilir, 75000 Melaka, Malaysia

TEL (606) 2869696 FAX (606) 2819696

EMAIL pinpin.loo@hattenhotel.com WEBSITE hattenhotel.com

ROOM TYPE	ROOM RATE
Single / Twin	RM 235.00 ++ (RM 274.60 nett)

****For reservations, please contact the above hotels directly.***

MELAKA TOUR (OPTIONAL)

Either [0900 – 1200] or [1400 – 1700]

RM 30 per person for congress delegates; RM 60 per person for accompanying persons

CANCELLATION AND REFUND POLICY

The Conference Secretariat must be notified in writing of all cancellation. Refund will be made after the Conference. The refund policy is as follows:

Cancellation on or before **15th May 2014** : 50% refund

Cancellation after **15th May 2014** : No refund

ABSTRACT SUBMISSION

Members are encouraged to submit abstracts for free papers / poster presentations online at **www.mts.org.my**.


Please log-on to our website for full details on how to submit abstracts.

The closing date for receipt of abstracts is **15th April 2014**.

CPD POINTS WILL BE AWARDED

DISCLAIMER

Whilst every attempt will be made to ensure that all aspects of the Conference as mentioned in this publication will take place as scheduled, the Organising Committee reserves the right to make changes should the need arise.



Congress Secretariat

MTS ANNUAL CONGRESS

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