



MALAYSIAN THORACIC SOCIETY

# ANNUAL CONGRESS OF MALAYSIAN THORACIC SOCIETY

23<sup>rd</sup> – 25<sup>th</sup> JULY 2010

DATE

*“Changing Tides In Respiratory Medicine”*

THEME

VENUE

Ri-Yaz Heritage Marina Resort & Spa  
Pulau Duyong, Terengganu, Malaysia

WEBSITE [www.mts.org.my](http://www.mts.org.my)



LUNG  
FOUNDATION  
OF MALAYSIA

Endorsed by

AMERICAN COLLEGE OF  
 **CHEST**  
PHYSICIANS

# MALAYSIAN THORACIC SOCIETY

## Office Bearers 2009 – 2011

<b>PRESIDENT</b>	Assoc Prof Roslina Abdul Manap
<b>VICE-PRESIDENT</b>	Assoc Prof Pang Yong Kek
<b>HON SECRETARY</b>	Assoc Prof Fauzi M Anshar
<b>HON ASSISTANT SECRETARY</b>	Assoc Prof How Soon Hin
<b>HON TREASURER</b>	Assoc Prof Jessie de Bruyne
<b>HON ASSISTANT TREASURER</b>	Dr Patrick Chan Wai Kiong
<b>COMMITTEE MEMBERS</b>	Dr Hamidah Shaban Dr Hooi Lai Ngoh Prof Liam Chong Kin Dr Norhaya Mohd Razali Assoc Prof Tengku Saifudin Tengku Ismail

## 2010 MTS ANNUAL CONGRESS

### Organising Committee

<b>ADVISORS</b>	Assoc Prof Roslina Abdul Manap Prof Liam Chong Kin
<b>ORGANISING CHAIRPERSON</b>	Dr Norhaya Mohd Razali
<b>SCIENTIFIC COMMITTEE</b>	Assoc Prof Tengku Saifudin Tengku Ismail Dr Patrick Chan Wai Kiong Dr Hamidah Shaban Assoc Prof How Soon Hin
<b>SECRETARY</b>	Assoc Prof Fauzi M Anshar
<b>TREASURER</b>	Assoc Prof Jessie de Bruyne
<b>BUSINESS MANAGER</b>	Dr Hooi Lai Ngoh
<b>PUBLICITY AND PUBLICATIONS</b>	Assoc Prof Pang Yong Kek
<b>SOCIAL EVENTS</b>	Dr Azza Omar
<b>AUDIO-VISUAL FACILITIES</b>	Dr Termizy Hassan Mashat

## MESSAGE FROM THE ORGANISING CHAIRPERSON



May this message reach everyone in the best of health.

On behalf of the local organising committee in Kuala Terengganu, I would like to thank the Malaysian Thoracic Society (MTS) for giving us the trust and opportunity to hold this prestigious congress. Indeed, this will be the first time the MTS Annual Scientific Congress is ever held in our shores.

Terengganu is a state well known for its cultural heritage and natural beauty. I am sure with the combination of its attractive beaches, wonderful islands and millions of sea organisms; you will be enthralled by its wide range biodiversity. Apart from its tranquil environment, Terengganu is also an exciting destination to shop for a variety of local products. There is no wonder why local and foreign tourists constantly flocked to this state.

The theme of our 2010 MTS Congress is “Changing Tides in Respiratory Medicine”. The scientific committee has included exciting topics ranging from an often neglected disease, such as tuberculosis to the most recent concern of H1N1 influenza pandemic. The encouragement to do research in respiratory medicine will continue to be given emphasis. As for previous years, clinical grand rounds which have attracted many delegates shall be ‘here to stay’. Backed by several requests, topics of certain respiratory emergency have been included this time in one of the symposia. The “root of many evils” in many diseases is smoking; and topic on smoking cessation has been included. Of course, the talks on respiratory medicine will not be complete without including topics such as asthma, chronic obstructive pulmonary diseases, sleep disorders, domiciliary ventilatory management, investigation of respiratory diseases and many other topics. Besides, the interest of the allied health workers has not been sidelined; several interesting and practical topics have been prepared for them.

In order to ensure you have a worthwhile trip to this conference, the scientific committee has been working very hard to invite renowned local and foreign experts to speak on all the topics mentioned above.

Last but not least, we hope all of you will have a fruitful and memorable congress.

**DR NORHAYA MOHD RAZALI**

# PROGRAMME SUMMARY

DATE TIME	22 <sup>ND</sup> JULY 2010 (THURSDAY)		23 <sup>RD</sup> JULY 2010 (FRIDAY)		
0800 – 0830			WELCOME ADDRESS		
0830 – 0900			PLENARY 1		
0900 – 0930			SYMPOSIA		
0930 – 1000			1A                      1B		
1000 – 1030			POSTER VIEWING COFFEE		
1030 – 1100			AIRWAY LECTURE		
1100 – 1130			LUNCH SATELLITE SYMPOSIUM		
1130 – 1200	POST-GRADUATE COURSE	PAEDIATRICS RESPIRATORY COURSE	BREAK & FRIDAY PRAYERS		
1200 – 1230			ACCP LECTURE		
1230 – 1300			SYMPOSIA		
1300 – 1330			2A                      2B                      2C		
1330 – 1400			MTS ANNUAL GENERAL MEETING TEA		
1400 – 1430			Adult Clinical GWR      Paediatric Clinical GWR      Allied Health Professionals Session		
1430 – 1500					
1500 – 1530					
1530 – 1600					
1600 – 1630					
1630 – 1700					
1700 – 1730					
1730 – 1800					
1800 – 1830					
1830 – 1900					
1900 – 2230	DINNER SATELLITE SYMPOSIUM				

# PROGRAMME SUMMARY

DATE TIME	24 <sup>TH</sup> JULY 2010 (SATURDAY)	25 <sup>TH</sup> JULY 2010 (SUNDAY)
0800 – 0830	ACCP LECTURE	PLENARY 2
0830 – 0900	ORAL SCIENTIFIC PRESENTATIONS	SYMPOSIA 4A                      4B
0900 – 0930		
0930 – 1000		
1000 – 1030	PULMONARY INFECTION LECTURE	COFFEE
1030 – 1100	POSTER PRESENTATIONS COFFEE	DEBATE
1100 – 1130	SYMPOSIA 3A                      3B                      3C	COPD LECTURE
1130 – 1200		CLOSING REMARKS
1200 – 1230		LUNCH
1230 – 1300	LUNCH SATELLITE SYMPOSIUM	
1300 – 1330		
1330 – 1400		
1400 – 1430	FREE TIME & MINI TOURS	
1430 – 1500		
1500 – 1530		
1530 – 1600		
1600 – 1630		
1630 – 1700		
1700 – 1730		
1730 – 1800		
1800 – 1830		
1830 – 1900		
1900 – 1930		
1930 – 2000	DINNER SATELLITE SYMPOSIUM	
2000 – 2030		
2030 – 2230	LUNG FOUNDATION OF MALAYSIA & MALAYSIAN THORACIC SOCIETY GALA DINNER	



# POST-GRADUATE COURSE 22<sup>ND</sup> JULY 2010 (THURSDAY)

- 1100 – 1110 Welcome and introduction
- 1110 – 1140 Respiratory long cases: To do and not to do
- 1140 – 1210 Respiratory short cases: Common questions, common mistakes and common failures
- 1210 – 1240 Preparing viva: Evidence-based respiratory medicine
- 1240 – 1300 A career in respiratory medicine
- 1300 – 1400 Lunch with your examiners
- 1400 – 1430 Communication skills: Not taught well in medical school
- 1430 – 1500 Data interpretation in respiratory medicine
- 1500 – 1600 Let's do MCQs, prepare not to fail  
Tea with examiners

# PAEDIATRICS RESPIRATORY COURSE

## 22<sup>ND</sup> JULY 2010 (THURSDAY)

### *Paediatrics Respiratory Medicine Made Simple, Maybe!*

#### PART 1: WHEEZY? ITS EASY PEASY!

- 1100 – 1140 Asthma Wheeze phenotypes: What we know in 2010
- 1140 – 1210 Recognizing asthma phenotypes to guide treatment in the clinic:  
Will it work?
- 1210 – 1240 Cough, when is it asthma?
- 1240 – 1300 Q & A
- 1300 – 1400 LUNCH

#### PART 2: WHAT TO DO? WE WILL MAKE IT EASY!

- 1400 – 1430 The infant with stridor: What to do?
- 1430 – 1500 The child with fever and pleural effusion
- 1500 – 1530 Cough and colds in young children: What's safe to use, what's not?
- 1530 – 1600 Case studies and radiological quiz
- 1615 – 1700 TEA

# PROGRAMME

## 23<sup>RD</sup> JULY 2010 (FRIDAY)

0800 – 0815	WELCOME ADDRESS By Assoc Prof Roslina A Manap <i>President, Malaysian Thoracic Society and</i> Dr Norhaya Mohd Razali <i>Organising Chairperson, 2010 MTS Annual Congress</i>	CINDAI BALLROOM
0815 – 0855	PLENARY 1 Respiratory medicine in Malaysia: Past, present and future challenges	CINDAI BALLROOM
0900 – 1030	<b>CINDAI BALLROOM</b> SYMPOSIUM 1A – ASTHMA	<b>HELANG</b> SYMPOSIUM 1B – PAEDIATRICS – YEAR IN REVIEW
0900 – 0930	Improving asthma control – Optimising medication and adherence	Asthma Treatment
0930 – 1000	The role of antiIgE in severe allergic asthma	Neonatal Lung Disease
1000 – 1030	Chronic severe asthma – Assessment and management	Sleep Medicine
1030 – 1110	POSTER VIEWING COFFEE	POSTER AREA/EXHIBITION AREA
1110 – 1150	AIRWAY LECTURE	CINDAI BALLROOM
1150 – 1230	LUNCH SATELLITE SYMPOSIUM	CINDAI BALLROOM/VERANDAH
1230 – 1420	BREAK & FRIDAY PRAYERS	
1420– 1500	ACCP LECTURE	CINDAI BALLROOM



# PROGRAMME

## 23<sup>RD</sup> JULY 2010 (FRIDAY)

1500 – 1630	<b>RAJAWALI 1</b> SYMPOSIUM 2A – TUBERCULOSIS	<b>HELANG</b> SYMPOSIUM 2B – PAEDIATRICS – RESPIRATORY INFECTIONS	<b>RAJAWALI 2</b> SYMPOSIUM 2C – SMOKING CESSATION
1500 – 1530	Tuberculosis diagnostics – An update	Tuberculosis revisited	Pharmacological approach – What’s available?
1530 – 1600	Special considerations in treating tuberculosis	Paediatric H1N1 infections: An update	Non pharmacological approach – Does it work?
1600 – 1630	Diagnosis and management of MDR tuberculosis	Atypical and unusual pneumonias	How to keep patients off the cigarettes
1630 – 1730	MTS ANNUAL GENERAL MEETING TEA		<b>HELANG</b> EXHIBITION HALL
1730 – 1830	<b>RAJAWALI 1</b> ADULT CLINICAL GWR	<b>HELANG</b> PAEDIATRIC CLINICAL GWR	<b>RAJAWALI 2</b> ALLIED HEALTH PROFESSIONALS SESSION
1845 – 2230	DINNER SATELLITE SYMPOSIUM		CINDAI BALLROOM/VERANDAH

# PROGRAMME

## 24<sup>TH</sup> JULY 2010 (SATURDAY)

0800 – 0840	ACCP LECTURE		CINDAI BALLROOM
0840 – 0940	ORAL SCIENTIFIC PRESENTATIONS		CINDAI BALLROOM
0940 – 1020	PULMONARY INFECTION LECTURE H1N1 pandemic. Lessons learnt		CINDAI BALLROOM
1020 – 1100	POSTER PRESENTATIONS COFFEE		POSTER AREA EXHIBITION HALL
	<b>RAJAWALI 1</b>	<b>RAJAWALI 2</b>	<b>HELANG</b>
1100 – 1230	SYMPOSIUM 3A – RESPIRATORY EMERGENCIES	SYMPOSIUM 3B – CLINICAL RESPIRATORY MEDICINE	SYMPOSIUM 3C – HOME MANAGEMENT OF CHRONIC LUNG DISEASES
1100 – 1130	Approach to managing massive haemoptysis	Chronic cough – An update	Home physiotherapy – Is it feasible?
1130 – 1200	Recent advances in managing acute pulmonary embolism	Bronchiectasis and diffuse panbronchiolitis. Is there a difference?	Self management in asthma and COPD – A practical approach
1200 – 1230	Management of acute respiratory failure	Eosinophilic lung diseases	Managing the practical aspects of long term oxygen therapy
1230 – 1315	LUNCH SATELLITE SYMPOSIUM		CINDAI BALLROOM/VERANDAH
1400 – 1800	FREE TIME & MINI TOURS		
1930 – 2030	DINNER SATELLITE SYMPOSIUM		CINDAI BALLROOM
2030 – 2230	LUNG FOUNDATION OF MALAYSIA & MALAYSIAN THORACIC SOCIETY GALA DINNER		

# PROGRAMME

## 25<sup>TH</sup> JULY 2010 (SUNDAY)

0800 – 0840	PLENARY 2 Update on interventional pulmonology	RAJAWALI 1				
0840 – 1010	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; text-align: right;">RAJAWALI 1</td> <td style="width: 50%; text-align: right;">RAJAWALI 2</td> </tr> <tr> <td style="vertical-align: top;"> <p><b>SYMPOSIUM 4A – CHRONIC OBSTRUCTIVE PULMONARY DISEASE</b></p> <p>0840 – 0910    Assessment of COPD patient – Practical recommendations</p> <p>0910 – 0940    Improving outcomes of patients with COPD</p> <p>0940 – 1010    Managing systemic effects of COPD</p> </td> <td style="vertical-align: top;"> <p><b>SYMPOSIUM 4B – INTERPRETATION OF RESPIRATORY INVESTIGATIONS</b></p> <p>The indispensable chest X-ray</p> <p>Pitfalls in interpretation of spirometric results</p> <p>Revolutionising imaging in respiratory medicine – The CT Scan</p> </td> </tr> </table>	RAJAWALI 1	RAJAWALI 2	<p><b>SYMPOSIUM 4A – CHRONIC OBSTRUCTIVE PULMONARY DISEASE</b></p> <p>0840 – 0910    Assessment of COPD patient – Practical recommendations</p> <p>0910 – 0940    Improving outcomes of patients with COPD</p> <p>0940 – 1010    Managing systemic effects of COPD</p>	<p><b>SYMPOSIUM 4B – INTERPRETATION OF RESPIRATORY INVESTIGATIONS</b></p> <p>The indispensable chest X-ray</p> <p>Pitfalls in interpretation of spirometric results</p> <p>Revolutionising imaging in respiratory medicine – The CT Scan</p>	
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1010 – 1030	COFFEE	EXHIBITION HALL				
1030 – 1115	DEBATE: Medical vs surgical management of empyema	RAJAWALI 1				
1115 – 1155	COPD LECTURE	RAJAWALI 1				
1155 – 1200	CLOSING REMARKS By Dr Norhaya Mohd Razali <i>Organising Chairperson, 2010 MTS Annual Congress</i>	RAJAWALI 1				
1200 – 1300	LUNCH	VERANDAH				

# CONFERENCE INFORMATION

## SECRETARIAT

### MTS Annual Congress

G-1 Medical Academies of Malaysia

210 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia

Tel : (603) 4025 3700, 4025 4700, 4023 4700 Fax : (603) 4023 8100

Email : [secretariat@mts.org.my](mailto:secretariat@mts.org.my) Website : [www.mts.org.my](http://www.mts.org.my)

## CONGRESS VENUE

### Ri-Yaz Heritage Marina Resort & Spa

Pulau Duyong, 21300 Kuala Terengganu

Terengganu Darul Iman, Malaysia

Tel: (609) 627 7888 Fax: (609) 622 9903

Email: [suzie@ri-yazheritage.com.my](mailto:suzie@ri-yazheritage.com.my) Website: <http://www.ri-yazheritage.com.my>

## REGISTRATION FEES

CATEGORY	ON AND BEFORE 15 <sup>TH</sup> MAY 2010	AFTER 15 <sup>TH</sup> MAY 2010
Doctor (MTS Member)	RM 400	RM 500
Doctor (Non-MTS Member)	RM 500	RM 600
Allied Health Professional	RM 400	RM 500
Post-Graduate Course	RM 50	RM 80

*For online registration and payments, please log-on to [www.mts.org.my](http://www.mts.org.my)*

## PAYMENT

All payments by cheques should be issued in favour of:

**"Malaysian Thoracic Society"**

Payments can be made via telegraphic transfer to:

Account Name : Malaysian Thoracic Society

Account Number : 873-1-0420229-5

Name of Bank : Standard Chartered Bank Berhad

Address of Bank : Jalan Ipoh Branch, Kuala Lumpur

Swift Code : SCBLMYKXXXX

If remittance is via telegraphic transfer, please attach proof of remittance with the completed Registration Form.

# CONFERENCE INFORMATION

## HOTEL ACCOMMODATION

**NOTE : All bookings are to be made directly with the hotels concerned. Personal cheques are not accepted. Full payment must be made to qualify for the rates quoted below. Room reservations are subject to availability. The Organising Committee will not be held responsible for any arrangements with respect to the hotel accommodations.**

- **Ri-Yaz Heritage Marina Resort & Spa**

Pulau Duyong, 21300 Kuala Terengganu, Terengganu Darul Iman, Malaysia  
Tel: (609) 627 7888 Fax: (609) 622 9903

ROOM TYPE	RATE
Serambi Deluxe	RM 280 ++ per room per night
Anjung Executive Deluxe	RM 380 ++ per room per night
Teratak Executive Suite	RM 700 ++ per room per night

*\*The above rates are inclusive of breakfast for two.*

- **Felda Residence Kuala Terengganu**

Jalan Hiliran, 21400 Kuala Terengganu, Terengganu Darul Iman, Malaysia  
Tel: (609) 632 1111 Fax: (609) 632 1122

ROOM TYPE	SINGLE	TWIN/DOUBLE
Deluxe (City View)	RM 160.00 nett	RM 185.00 nett
Premier Deluxe (River View)	RM 180.00 nett	RM 205.00 nett
Suite (City/River View)	RM 520.00 nett	RM 520.00 nett
Executive Suite (City View)	RM 780.00 nett	RM 780.00 nett
Premier Suite (River View)	RM 1040.00 nett	RM 1040.00 nett

*\*The above rates are inclusive of breakfast.*

- **Permai Inn Kuala Terengganu**

Jalan Sultan Mahmud, 20400 Kuala Terengganu, Terengganu, Malaysia  
Tel: (609) 622 2122 Fax: (609) 622 2121 Email: sales@permaiinnkt.com.my  
Website : www.permaiinnkt.com.my

ROOM TYPE	RATE
Standard Double Room	RM 170 nett per room per night

*\*The above rate is inclusive of breakfast.*

## CONFERENCE INFORMATION

- **Primula Beach Hotel Kuala Terengganu**

Jalan Persinggahan, 20400 Kuala Terengganu, Terengganu, Malaysia

Tel: (609) 622 2100 Fax: (609) 623 3360 Email: reservation@primulahotels.com

Website: www.primulahotels.com

ROOM TYPE	SINGLE/TWIN
Deluxe	RM 210 nett per room per night
Superior	RM 175 nett per room per night

*\*The above rates are inclusive of daily buffet breakfast.*

### SOCIAL ACTIVITIES

Boat Rides – Booking can be made during registration.

#### \*BOAT RIDES (from Marina @ Ri-Yaz Heritage Marina Resort & Spa)

Boat Ride to Taman Tamadun Islam (TTI) (return trip excluding entrance to TTI)	RM 16 nett per person
Water taxi to Pasar Payang (return trip)	RM 6 nett per person
2 hours River Cruise (inclusive of light refreshment)	RM 30 nett per person

#### DISCLAIMER

Whilst every attempt would be made to ensure all aspects of the Conference mentioned in this announcement will take place as scheduled, the Organising Committee assumes no responsibility should it fail to materialise due to unforeseen circumstances.



## ABSTRACT GUIDELINES

Members are encouraged to submit abstracts for free papers / poster presentation online at [www.mts.org.my](http://www.mts.org.my).

Please log-on to our website for full details on how to submit abstracts.

The closing date for receipt of abstracts is **15<sup>th</sup> JUNE 2010**.

### GUIDELINES

- Text must be typed single-spaced, with only the left margin justified. Graphs, tables and illustrations cannot be included in the abstract.
- Do not exceed 300 words inclusive of the name of author.
- Use capital letters for the Title. Underline the name of the presenting author.
- Organise the Abstract under the following headlines – Introduction, Objectives, Methodology, Results and Conclusions.
- The final selection will be the responsibility of the Scientific Committee.

**SECRETARIAT**

**MTS ANNUAL CONGRESS**

G-I Medical Academies of Malaysia

210 Jalan Tun Razak

50400 Kuala Lumpur, Malaysia

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