

# THE MALAYSIAN THORACIC SOCIETY

# PRESS STATEMENT

19 August 2022

### MALAYSIA NEEDS TOBACCO FREE GENERATIONS

Following its second reading in Parliament, the Control of Tobacco Product and Smoking Bill 2022 is due for review by the Special Parliamentary Select Committee at its first meeting on Friday 19th August. The Malaysian Thoracic Society supports the Generational End Game incorporated in the proposed Tobacco and Smoking Control Bill aimed at regulating control of tobacco products and their substitutes amongst future generations.

## **Smoking kills**

There is no doubt about it. In Malaysia, it is estimated that 27 200 deaths attributed to smoking occur each year<sup>1</sup>. Smoking increases all-cause mortality rates. Smoking-related diseases have been identified as a significant contributor to disability-adjusted life years and years of life lost among the Malaysian population<sup>2</sup>. The estimated cost of treating smoking-related and E-cigarette or Vaping Use-Associated Lung Injury (EVALI) diseases will rise to RM8.77 billion and RM369 million respectively by 2030<sup>3</sup>.

#### **Smokers start young**

Smoking is endemic in our society and the habit starts young. The 2019 National Health and Morbidity Survey showed that 11.6 per cent of those aged 15 to 19 are current cigarette smokers, while 7.5 per cent are vaping. Overall, 15.6 per cent of this age group are using tobacco products<sup>1</sup>. These figures are likely to have increased since then.

The proposed bill aims to reduce smokers among Malaysians to less than five per cent by 2040 and prevent children and teenagers from falling into the smoking habit, as well as to protect all non-smokers<sup>4</sup>.

The Malaysian Thoracic Society supports any and all initiatives to reduce and eliminate smoking in all of society. Normalisation of a non-smoking culture amongst our youth creates a greater and more long-lasting impact of these measures. The Generational End Game incorporated in the proposed Tobacco and Smoking Control Bill needs to be adopted and implemented as soon as possible. We urge the select committee tasked with reviewing this matter to seriously consider the great positive impact of this initiative on the health of not just the current rakyat but also generations to come and to proceed with due haste in its adoption.

#### **References:**

- 1. Institute for Public Health (IPH), National Institutes of Health, Ministry of Health Malaysia. 2020. National Health and Morbidity Survey (NHMS) 2019: Vol. I: NCDs Non-Communicable Diseases: Risk Factors and other Health Problems
- 2. Lim K H, Cheong Y L, Lim H L, et al. Assessment of association between smoking and all-cause mortality among Malaysian adult population: Findings from a retrospective cohort study. Tobacco Induced Diseases. 2022;20(May):50. doi:10.18332/tid/147656.
- 3. Media statement by Minister of Health Malaysia, 27<sup>th</sup> July 2022.

4. Kementerian Kesihatan Malaysia. Pelan Strategik Kebangsaan bagi Kawalan Tembakau 2015-2020.

We the undersigned,

## President and Executive Committee of the Malaysian Thoracic Society

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The Malaysian Thoracic Society is a professional medical body that represents the respiratory medical fraternity with the objective of advancing knowledge and practice of respiratory medicine in Malaysia.